

# **Golden Rules of Motocross**

We have compiled this list of track etiquette in hopes of clearing up some questions new riders may have. We have had far too many close calls regarding these seemingly obvious rules. I think it is time we make sure people understand them.

This list has been generated by the members of this club who have chosen to participate.

## **Mission Statement**

*Courtesy and sportsmanship are the "Order of the day" every day. We are a family club created for the enjoyment of our sport by all. We are considerate, a role mode to our children, and we set the highest standards for the sport.*

- Always hold your line
- When you approach a jump, if you don't plan to clear it, stay to one side. Always remember which ever line you choose, you own that line until you are well clear of the landing.
- Be respectful of lapped riders. If you're fast enough to put a lap on them, you should be skilled enough and courteous enough to leave them some room on the pass. Don't bully them out of their line.
- Lapped riders, be respectful of the faster riders. If you see the leaders coming up from behind, don't try to race them, **hold your line**, and let them do their thing.
- Respect the rules of the flags
- Don't enter the track without first making sure it is clear and safe to. If you are stopping to watch a jump or a corner, and how other riders do it, get well out of the way.
- Always enter the track from the starting gate area and exit where indicated.
- Always raise your left hand before pulling off the track.

- If you or your bike has a problem, always raise your left hand to let the other riders know. Never pull off the track without checking for oncoming riders first.
- If there are small kids out there, be sure you are responsible when passing them, make sure you watch for them they are harder to see than the bigger riders
- NEVER pass kids at or during obstacles such as jumps – kids are easily scared – if it means you miss hitting the big one this lap, so be it!
- Small children or on smaller bikes have the access to the adult Club track on the hour, every hour for 15 minutes, absolutely no bikes bigger than 100cc big wheel are permitted on the track during this time.
- Friday nights at the club track are reserved exclusively for kids. No bike bigger than 100cc big wheel are permitted on the track.
- Never veer off the given track layout – If a new one is agreed upon throughout a practice day the track must be changed (barriers, cones, etc)
- When you're ready to ride, wait at the proper entrance to the track for a rider to follow around. Following a rider around the track ensures that you are following the proper track layout.
- Stop and help a fellow downed rider instead of roosting him/her.
- Sighting laps – respect the reason we have them, to inspect the track before we race it.
- Attempt only the obstacles that are within your limits (both yourself and the machine you are on)
- Maintain your bike, ensure that it is prepped before each and every ride to ensure yourself and others safety.
- Treat the track officials the way you expect to be treated. They are riders, club members, and volunteers, just like you and you may be in their shoes one day.
- Always leave the grounds clean, pick up after yourself.
- Take your garbage home.

- If you have a good battle with a fellow rider, take the time to give a thumbs up after the moto, show that you appreciate them keeping you honest, and having a clean battle.

**We practice SPORTSMANSHIP and we define it as:**

**Fairness, respect for one's opponent, and graciousness in winning or losing.**